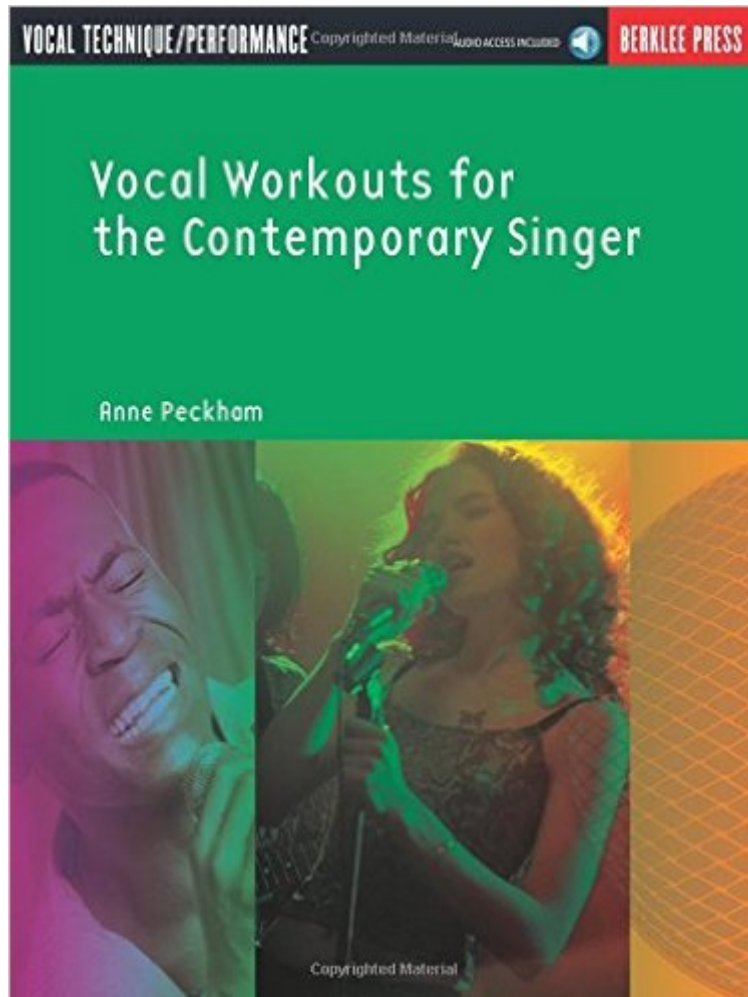


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# Vocal Workouts For The Contemporary Singer (Vocal) (Berklee Press) (Book & Online Audio)



## Synopsis

(Berklee Press). The vocal workouts in this much-anticipated follow-up to Peckham's bestselling *The Contemporary Singer* are based on Berklee College of Music's highly effective vocal method. This volume will help vocalists develop the voice through good vocal health, warm-up exercises, advanced techniques, stage performance advice and more. Also includes sing-along tracks to support your workout. Audio is accessed online for download or streaming and contains **PLAYBACK+**, a multi-functional audio player that allows you to slow down audio without changing pitch, set loop points, change keys, and pan left or right. 8-1/2 x 12

## Book Information

Series: Berklee Press

Paperback: 128 pages

Publisher: Berklee Press Publications; Book & Online Audio edition (July 8, 2008)

Language: English

ISBN-10: 0876390475

ISBN-13: 978-0876390474

Product Dimensions: 9 x 0.3 x 12 inches

Shipping Weight: 15.2 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (68 customer reviews)

Best Sellers Rank: #30,262 in Books (See Top 100 in Books) #8 in [Books > Humor & Entertainment > Sheet Music & Scores > Forms & Genres > Vocal](#) #23 in [Books > Arts & Photography > Music > Instruments > Voice](#) #72 in [Books > Textbooks > Humanities > Performing Arts > Music](#)

## Customer Reviews

I've been using this book every morning for the past 6 months and it's done wonders for my range, agility, and accuracy. Working your way up through the exercises is fun and never gets old. Also, the vocal talent in the cd is quite consistent and clear, great for ear training; accompanying staff helps with sight reading too . What I love, is that each exercise targets specific issues, allowing you to focus your energy on one problem at a time... very effective. I would recomend this book to brand new singers as well seasoned vocalists. The lessons are very targeted towards common singing techniques found in pop, rock, blues and jazz; though if you are a classical or operatic singer its probably not your bag.

This is a required book, for a required class at my school. I am pleasantly surprised at how good this book is. The exercises are well designed and fun to do. And most importantly, they have helped me improve in my problem areas.

This is simply one of the best singing tutorial books that can be found in the market. The CD contains warm-ups, basic and advanced demonstration exercises along with some fantastic back-ground music so that even while doing the warm-ups you feel you are 'singing' and not just doing some boring exercise. However the CD's trump card is the 'harmony section'. It is a facility you can enjoy if you have a cd player with 'left-right' speaker balance. It enables you to mute one speaker and one voice while the other voice on the other speaker continues to sing. You basically need to then sing in harmony with this voice. The technique is explained in the book at length. I have been using this product for a month now and am happy with the progress i have been able to make on the quality of my singing. Overall, I feel this is a 'must-have' for every aspiring singer.

I bought this book last year when I was starting to teach more voice lessons. All I can say is that it has served both me and my students well! I teach mostly adults who want to reclaim their voice or learn for the first time the proper way to sing. This book covers all the basics and on top of that, it's fun! The exercises don't bore us to tears as many vocal exercises seem to do! I love the accompaniment track because it makes you feel like you're singing actual songs and makes the exercises easy to get into. I have not even tapped into the actual song exercises in the advanced workout. I'm still enjoying the warm-up workout and basic workout. This is a fantastic book and I will be purchasing the companion, The Contemporary Singer, soon.

This is a great book for someone just starting out on vocal warm-ups. I used this book for a class I was taking, but I think it would be easy enough to use on your own. I love the CD workouts that came with it. There's a nice jazzy background accompaniment. I do wish somewhere in the book it wrote out what notes are being sung as it was occasionally unclear to me.

I've been using Anne Peckham's "Vocal Workouts" book every day for about 45 minutes, reading the book and singing along with the CD. As the title suggests, this is a "workout", and if you keep a consistent workout regimen while staying relaxed, you are going to get stronger. Peckham's book helps me achieve and maintain vocal strength and flexibility.

The vocalises are upbeat and fun, more like little songs in various styles (including Rock and Gospel) than exercises. I was pleasantly surprised when I first listened to the CD. I have been working with it a few weeks and feel like the exercises have helped. My only complaint is that this seems to be more of a Beginner thing and not a serious workout for real singers.

These warm ups are great and easy to follow along with. The only problem was that I had multiple people screaming for me to shut up. But it has definitely improve the tone of my high notes and my very low notes. I breath better when I sing and everyone says I sound so much better and have much more control. this is all after only a few months. I definitely recommend it for people who already can sing but need some improvements and cant afford a vocal teacher.

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